



Alaska Battle Cats Wrestling presents:
Miriam "Mimi" Ambrose
Memorial Wrestling Tournament
Freestyle/Girls Wrestling – April 26, 2025

Location: Service High School, 5577 Abbott Road, Anchorage, AK 99507

Schedule:

7:30-8:00am	Weigh-in for those who did not do satellite weigh-in (must wear singlet)
8:00am	Coaches & Officials Meeting
8:30am	Pairing Officials Meeting
9:00am	Wrestling begins for 6U, 8U, 10U
12:00pm	Wrestling begins for 12U, 14U, 16U, USA Junior, and Open

Headgear and mouthguards are optional but strongly recommended.

WRESTLERS SHOULD ARRIVE AT LEAST ONE HOUR PRIOR TO START TIME TO CHECK BRACKETS.
NO CHANGES WILL BE MADE TO THE BRACKETS 20 MINUTES BEFORE START TIMES.

Registration: For satellite weigh-ins, athletes must be affiliated with a club and registered through the USAW Membership system. Clubs must enter weights by 11:59 p.m. on Thursday, April 24. Hand-deliver or email team sign-off sheet of coach/official doing skin/nail checks and pairing official entering weights to Stacey Medeiros (yecatsak@gmail.com). Unaffiliated or missed registration competitors can register on-site at the Head Table during the day-of weigh-in time.

Entry Fee: \$30 per wrestler per entry. ALL wrestlers must have a valid USAW Card. Cards will not be available for purchase at the tournament. Girls-only brackets will run simultaneously through the day. It is your responsibility to watch both brackets if you chose to enter both tournaments.

Coaches: Wristbands will be given to rostered Coaches who show a current USAW Wrestling Leader Card with Copper level or higher and concussion certifications. No credentials, no wristband. No wristband, no corner. NO EXCEPTIONS.

Spectators: Spectator fees are \$10 for adults, \$5 for children. **50% of all spectator fees collected will be donated to Fentanyl Awareness.** Spectators will NOT be allowed on the mats. However, ONE parent for 6U and 8U may escort their wrestler to the mat. Please leave the mat as soon as the match is finished.

Concessions / Hospitality: Concessions will be available for spectators and wrestlers. Hospitality for banded Coaches and Mat / Pairing Officials only will be in the East balcony.

Awards: Medals for the top three wrestlers in each bracket after all brackets have closed in each session.

Questions? Contact our Tournament Director, Susan Koller Nieves, at ABCvice@hotmail.com.